KATHERINE BASBAUM, MS RD

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EDUCATION

**University of Virginia Health System, Dietetic Internship**

This program’s emphasis was in adult and pediatric nutrition support.  It provided over 1200 hours of supervised practice experience in clinical, administrative, and community dietetics as well as over 250 hours of didactic training in a variety of advanced topics including medical nutrition therapy, community nutrition, disease pathophysiology and nutrition management.

**Friedman School of Nutrition Science and Policy at Tufts University**  
M.S. Nutrition Communication

**University of California, San Diego (UCSD)**

B.A. Theatre Arts (Minor: English Literature)

**French-American International School, San Francisco, CA**

International Baccalaureate

WORK EXPERIENCE

**UVA Health System (Charlottesville, VA)**

Clinical Dietitian, August 2013- Present

* In-patient/Acute care
  + Cardiology and Orthopedic/Trauma (Units: Acute Cardiology, Thoracic Cardio Vascular Post-Operative ICU, Emergency Department)
  + Preceptor to 12 dietetic interns
* Out-patient care
  + Bi-weekly Heart Failure Clinic \*Award-winning, nationally recognized by the AHA (counseling topics include: low-sodium, heart-health, drug-food interactions, weight loss/gain)
  + Preceptor to 12 dietetic interns
  + Weekly Cardiac Rehab Clinic (individual counseling/assessments using motivational interviewing, behavior change theory and stage of change; develop nutrition education materials and lead group interventions/nutrition classes)
  + Weekly Post-MI Clinic (Shared medical appointment clinic for patients 1-week post discharge after heart attack)
* Media/Marketing/Communications
  + Nutrition Expert*, Club Red*--a women's heart-health initiative sponsored by the UVA Heart and Vascular Center. Contributions include: blogging and writing articles for the Club Red website; nutrition expert at ClubRed community/public speaking events and cooking classes; marketing and creative development of UVA’s “Heart Month” nutrition-focused events.
  + UVA Health System Blogger--Stories about the patients, staff and services of UVA. Act as blog writer and nutrition expert/contributor.

**EatingWell Magazine (Charlotte, VT)**

Nutrition Intern, Summer 2011

* Performed extensive food and nutrition science research for magazine features, columns, blogs and social media content.
* Responsible for disseminating nutrition research findings from scientific journal articles, study investigator correspondence, FDA/USDA resources etc.
* Fulfilled nutrition-focused writing assignments.
* Attended and participated in weekly editorial, marketing and online content meetings.
* Completed nutrient analysis of EatingWell recipes in response to customer/reader inquiries (using in-house nutrition data software and USDA Nutrient Database.)
* Assisted creative director on location photo shoots.

**Cook’s Illustrated (Brookline, MA)**

OnlineEditorial Intern, Summer 2010

* Collaborated with online editorial team for Cook’s Illustrated, America’s Test Kitchen and Cook’s Country to input and update recipe/article content (using Content Management System software.)
* Fulfilled multiple writing assignments (“Test Kitchen Discoveries” and “Problem-Goal-Solution” articles.)

**Lieberman Productions (San Francisco, CA)**

Research & Creative Development Associate Sept 2005-Feb 2009

* Lead Scientific and Creative Researcher-New Product Development
* Detailed research and meticulous fact checking for broad range of topics including: scientific health claims, diet programs, and consumer trends in food, fitness and beauty.
* Wrote fresh and innovative copy for televised and print ads (celebrity scripts, products inserts, catalogs, creative treatments and story-boards.)
* Collaboration with PR department to procure all required social proof/substantiation materials for use in television commercials, print ads and individual brand websites.

Senior Talent Coordinator/Interviewer   Feb 2004-Aug 2005

* Planned, executed and led staff members in talent recruitment and focus groups development.
* Organized and led several “on-location” photo and film shoots
* Composed questions and topic lists for scientific expert interviews.
* Conducted “off-camera” interviews with customer talent and scientific experts (i.e. surgeons, registered dietitians, dermatologists)

**A.G. Ferrari Foods (San Francisco, CA)**

Manager, June 2001- Sept 2002

* Management of store operations, kitchen and retail floor employees.
* Responsible for weekly schedules, staff meetings, and bank deposits.
* Interviewed and trained new staff members; conducted yearly reviews.
* Participated in marketing and seasonal merchandising efforts.
* Successfully ran in-house catering service.
* Managed vendor deliveries and monthly inventory.
* Monitored food handling and equipment safety.

**Zao Noodle Bar (San Francisco, CA)**

Assistant General Manager, Nov 1999- March 2001

* Day-to-day management of front and back of house.
* Provided excellent customer service.
* Interviewed and trained new staff members.
* Led staff meetings and yearly reviews.
* Conducted daily line checks with kitchen staff to monitor food quality.
* Handled evening receipts and bank deposits.

HONORS & PROFESSIONAL MEMBERSHIPS

**Honors:**

Regina Gottlieb Nutrition Scholarship, UVA Health System

Tufts University Scholarships

Dean’s List, UC San Diego

**Memberships:**

Academy of Nutrition and Dietetics (A.N.D.)

Sports, Cardiovascular & Wellness Nutrition (S.C.A.N.)

Weight Management Dietetic Practice Group (W.M. D.P.G.)

Virginia Dietetic Association (V.D.A.)

Blue Ridge Dietetic Association (B.R.D.A.)

CERTIFICATIONS & SKILLS

**Certifications:**

Registered Dietitian, Academy of Nutrition and Dietetics

CITI (Collaborative Institutional Training Initiative)

HAACP (Hazard Analysis & Critical Control Points)

Food Allergy Training Certificate

ServSafe

**Skills:**

* Knowledgeable in all areas of research including International Review Board (IRB) protocol submissions.
* Microsoft Office (Word, Powerpoint, Excel); Adobe Photoshop, Dreamweaver; Quark; iMovie
* Fluent French